

Shenandoah River Outfitters, Inc.  
6502 South Page Valley Road  
Luray, VA 22835-9803  
canoes@shenandoahriver.com

(540) 743-4159  
(800) 6CANOE2  
<http://www.shenandoahriver.com>

### CANOE & STEAK DAY

Shenandoah River Outfitter's specialty, all-day canoeing ending with a charcoal cooked steak dinner, is becoming the most popular way to enjoy the river. We start with a canoe trip designed for your needs. People of all ages enjoy our trips, most of them are beginner canoeists.

The outing begins in the morning on the river, where you discover the beauty and serenity of the Shenandoah River--flowing between the Blue Ridge and Massanutten Mountains and through the George Washington National Forest. A river-side lunch prepared and served by the Outfitter's staff, quells any midday hunger. The feast includes charcoal hamburgers, chips, beans, drinks and cookies. Continue the afternoon exploring the Shenandoah River and then ride back to the Outfitters where you have time to change and take a hot shower before dinner.

The trip's finale is a steak dinner, complete with all the trimmings, cooked over open fires in our pavilion. The meal is designed to satisfy even the largest appetites. Then sit around the fire, roast marshmallows and enjoy a sing-a-long.

The day doesn't have to end with dinner; also available is camping right in the woods by the Outfitters--called Camp OutBack. Camp under the stars, glory in the sunrise and then have a second day of canoeing, kayaking or try tubing, for a change of pace. Or stay in one of our River Cabins-'Relaxing living on the river banks'.

Come and enjoy a relaxing day of fellowship with friends, canoeing, tubing, swimming, fishing and picnicking in the beautiful Shenandoah Valley.

### MENUS FOR CANOE, LUNCH & STEAK DAY

LUNCH--Menu Varies  
Hamburgers & Rolls  
Baked Beans  
Potato Chips  
Lettuce and Tomatoes  
Potato Salad  
Cookies  
Drink

DINNER—Steak Cookout  
Steaks and Chicken  
Baked Potatoes  
Tossed Salad  
Cole Slaw  
Corn  
Chips & Salsa  
Cake & Watermelon  
Marshmallows  
Drink and Coffee

TYPICAL TRIP SCHEDULE (Approximate times- depends on River levels, Trip length)

Arrival Time 8:00 - 9:30 Check time with Trip Leader

On River 9:00 -10:00

Lunch 11:30 - 1:00 Depending on departure time.

Off River 4:00 - 5:00 River trips generally take 4 -5 hours

Dinner App. 5:00 - 6:00 Check with Group Leader-but no later than 6 PM

Plan now for a Fun Day on the Shenandoah River!